

# BEK beacon

VOLUME 51 | OCTOBER 2009



## We Took it Outside!

*This summer, BEK Life called out grillers from across BEK territory to compete in a live grilling competition in seven locations and everyone participating had a blast! Entries were scored on taste, presentation and creativity. Winners at each location won a \$75 gift card and a chance at the drawing of a \$500 grill package.*

Congratulations to two time winner Dale Meidinger of Wishek who showed up confident in Wishek to grill a scrumptious batch of ribs earning him the title of "judges' choice." Dale's name was also drawn at the 2009 Country Cook-off Season Finale in Steele on August 13<sup>th</sup> as the winner of the grand prize \$500 grill package.



2009 Country Cook-off Recap  
continued on page 5

## Dates to Remember

- | October 1  
October Bills Mailed
- | October 12  
Disconnect Day  
Columbus Day
- | October 16  
National Boss's Day
- | October 20  
Reminder Notices Mailed
- | October 24  
United Nations Day
- | October 31  
Halloween

**Sign up for a chance to compete in the \$400 Punt, Pass and Kick contest at the last two tailgate party events of the season:**

**October 9<sup>th</sup> in Linton  
October 15<sup>th</sup> in Strasburg**

**Go to [www.bektel.com](http://www.bektel.com) for details.**



# Fall Computer Classes Scheduled

*If you're hungry for computer knowledge, BEK is offering a variety of free computer classes this fall to curb your appetite.*

BEK's classes are designed to meet the educational needs of beginner to intermediate computer users. There's much to learn and we're here to help.

Tuesday, October 20<sup>th</sup>

Location: Wishek Senior Center

Time: 7:00 – 8:30 p.m.

**PC Security:** Would you leave the front door of your house wide open and invite someone in to rob you of your possessions? Of course not. So why leave your computer unprotected? Learn how to protect yourself from hackers, slammers and information thieves. We'll help you with online settings, router security, antivirus and spyware. Plus, we'll give you a scoop of information about illegal downloading.



Tuesday, November 3<sup>rd</sup>

Location: Napoleon at the Downtowner

Time: 7:00 – 8:30 p.m.

**Microsoft Word/Excel:** Two powerful software tools. Learn how to use Word to help you draft letters, reports, schedules, agendas and more. Learn layout and editing to create a document ready for storing or printing. Learn how to use Excel to set up spreadsheets and workbooks to use for personal or business record keeping.



Tuesday, November 17<sup>th</sup>

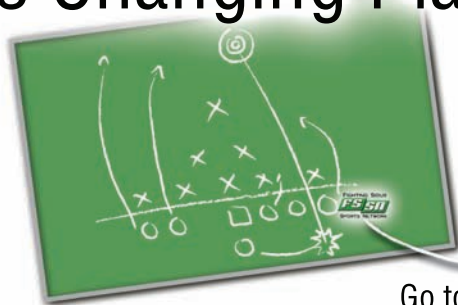
Location: Hazelton Community Center

Time: 7:00 – 8:30 p.m.

**Christmas Letters & Pictures:** So, you want to create a 2009 Christmas letter and/or send special photos to family and friends? Come to our special holiday class offering tips and tricks on creating a memorable Christmas letter including how to use your awesome digital photos to enhance your greeting.

Class sizes are limited so call BEK at 1-888-475-2361 to pre-register for the classes that interest you. BEK classes are taught using a screen and projector. Free instruction materials are provided. Refreshments will be available.

## Fighting Sioux Sports Network is Changing Plays on BEKTV!



FIGHTING SIOUX  
**FSSN**  
SPORTS NETWORK

Now you  
can find it on



**Channel 26!**

Go to [www.bektel.com](http://www.bektel.com), click on "television"  
and then "FSSN" for the complete schedule.



# Important Notice from BEKTV

*On October 4 – 16, 2009 from approximately 1:30 to 4:15 p.m. each day, you may see programming outages on BEKTV due to "sun outages."*

During these "sun outages," there will be a brief interruption of service, usually less than 10 minutes.

Sun outages are a natural phenomenon which occur twice a year (in the spring and fall), when the satellite and sun are in direct alignment. All communications providers using satellites experience this effect.

Please be aware of these outage probabilities. If you experience any other problems with your BEKTV service, please contact our office at 1-888-475-2361.

## Not So Way BEK When...

If you were in high school in the 90's or you were a parent or even a grandparent of a 90's student, you will remember "Air Jordan" and you can just picture that number 23 red Chicago Bulls jersey cruising down the basketball floor, driving through the lane and flying through the air to dunk the ball.

**1995:** On October 3, 1995, BEK recognized 43 years of incorporation and the world watched as "the trial of the century" jury returned a verdict of "not guilty" for O.J. Simpson. Also in 1995, Equal Access became available for out of state long distance, BEK offered Internet service and Microsoft released Windows 95.

**1996:** Rather than play with the new Pokéman on Game Boy, Jon Benét Ramsey's childhood consisted of fashion, make-up and the spotlight. Tragically the young beauty pageant contestant was found murdered in her parents' basement. BEK Communications gained 3623 access lines in 1996 when the Steele, Linton, Napoleon, Wishek, Lehr and Zeeland exchanges were purchased from US West.

**1997:** A disastrous flood hit the Red River Valley in the Spring. The view from the air was unbelievable with water and devastation everywhere. Signs on I-94, county and rural roads warned motorists of flooded or blocked roads. Soon everyone was pretty sick of the situation. Another sickness was growing too; computer viruses began to steadily appear on people's computers. Soon BEK developed help support for their Internet customers to guide them through these virus attacks and get them up and going again. And the world mourned the death of Princess Di.

**1998:** Long distance carrier choices included BEK's new locally owned long distance product, ND Long Distance. Michael Jordan felt he'd gone the distance and announced his retirement from the NBA. Phone customers began to look before answering by using the new Caller ID feature to let them know who was calling to tell them news such as Dale Earnhardt winning the Daytona 500.

**1999:** BEK introduced a new website in 1999 that allowed people to click on resources and search the Internet to learn more about such things as the tragic killings at Columbine High School and the big fear of Y2K. The talk of the decade was about what the effects of a computer meltdown would have on our country and the widespread implication of such a meltdown. BEK informed customers of possible safeguards to prevent their personal computers from crashing. All anyone could do was prepare as best they could and wait to see what happened...

# Vacation Rates

*Now you can go on vacation or extended trips and not worry about what to do with your phone, high speed Internet and TV services.*

BEK Communications offers a Vacation Rate Plan for customers who wish to temporarily discontinue their telephone, high speed Internet and TV services, but retain their directory listing and email account. Any calling cards assigned to your telephone account can be used while you are on vacation status.

## Vacation Rate Plans are as follows:

### Telephone, Internet & TV Service Vacation Rates:

- \* \$25.00 to go on vacation
- \* No monthly local service charges
- \* No reconnect fee

### For High Speed Internet:

- \* Any applicable modem lease charges will be suspended until service comes off vacation status

### For High Speed Internet and TV Services:

- \* Any term agreements will be extended by the number of months your service is on vacation status.

When using BEK's Vacation Plan, all services will be included. You may choose to place your service(s) under the vacation rate plan for a minimum of one month up to a maximum of 12 months.

BEK also offers a seasonal plan for those customers who wish to be automatically put on vacation on November 1 and taken off vacation on May 1 of each year. The above fees will apply.

To sign up for a vacation plan, call BEK toll free at 1-888-475-2361.



- The communities of Strasburg, Wishek, Wilton, Linton, Hazelton, Napoleon and Steele for hosting the Country Cook-offs.
- The contestants for their creativity and being the first Country Cook-off competitors; your pioneer spirit helped make this show a special tribute to our local communities.
- The judges for their culinary expertise and their quick assessments.
- BEK Communications Cooperative for working with the local non-profit groups to provide a meal of brats, hotdogs, chips and beverages to the public.
- The non-profit groups who cooked and served for their communities: Strasburg Lions Club, Wishek Food Pantry, Wilton Volunteer Fire Department, Hazelton Development Corporation, Logan Co. Food Pantry, Linton Senior Center and the Kidder County Ambulance and Volunteer Fire Department.
- The people who came out to be our live "studio" audience; thank you for supporting your community, your non-profit groups and BEK Life, a product of BEKTV.



# NEW MEMBERS

- | Hazelton - Temvik  
Baumgartner Pete & Janel .... 782-4519  
Zahn James ..... 782-4510
- | Kintyre - Braddock  
Reuer Todd & Kelley ..... 332-6624
- | Linton  
Mulske Todd ..... 254-5858  
Walz K ..... 254-5848
- | McKenzie - Menoken  
Person Alan & Mary ..... 673-3317
- | Napoleon  
Breidenbach Nick & Kelly Jo .. 754-2923  
Quast Leicha & Richard .... 754-2917  
Smith Jennifer ..... 754-2916
- | Regan  
Nelson Joe & Alison ..... 286-6217
- | Steele  
Kallenbach Kasey ..... 475-2071  
Ruff Bret & Dannielle ..... 475-2078
- | Sterling - Driscoll - Moffit  
Hegwood Emmet & Sandra... 387-4406
- | Strasburg - Hague  
Becker BeLinda ..... 336-2716  
Berreth Elizabeth H & Arthur .. 336-2711  
Jahner Magdalena ..... 336-2717  
Keller Ronald V & Dalphine... 336-2705  
Kurle Daren & Janet ..... 336-0182  
Volk T & V ..... 336-7720  
Yeske Lester ..... 336-2706
- | Tappen - Dawson  
Crystal Springs - Lake Isabel  
Osborn Danelle & Leo ..... 327-8327  
San Jose Ricardo ..... 327-8336
- | Wing - Arena  
Lockbeam Shirley ..... 943-2325
- | Wishek  
Boothroyd Gail ..... 452-2033  
Medley-Grimm Tammy ..... 452-2025  
Goebel Ron ..... 452-2033  
Schlenker Elsie ..... 452-2034  
Shaw Helen ..... 452-2051
- | Zeeland  
Pro Dyes International Inc... 423-5609





2009 Country Cook-off Winners (pictured left to right)

Drew Moch of Hazelton came to the Linton competition to have fun and to win. He dressed himself and his featured teriyaki pork chop plate with an Island theme and he took 1<sup>st</sup> place.

An elated Henry Dockter of Zeeland who says his friends claim he can't even boil water, won in a close competition in Strasburg with his beef/veggie shish kabobs.

Dale Meidinger of Wishek (featured on page one).

Cameron Boechler (the "Jungle Cook") of Wilton wins the 3<sup>rd</sup> Country Cook-off with his Surf & Turf Walleye Steak Oscar. This former Sous cheff was a big hit with the judges.

Beef advocate Renae Doan of McKenzie wins the fourth Country Cook-off in the Hazelton competition with her Marinated Angus Tenderloin. Renae presented a full meal including the Angus tenderloin, a side dish, fresh vegetables, bread, dessert and wine.

Erick Meland of Driscoll loves to cook and make a great presentation. He won the palates of the judges in Steele with his Italian sausage stuffed pork tenderloin. Erick's meal additions were fresh dill potatoes, veggie kabobs and grilled peaches.



Because of busy summer schedules the contestant pool was low for Episode 5 in Napoleon, so BEK Sports Broadcast Director Ashley Portra put on her Country Cook-off apron, joined the grilling competition and won with her glazed salmon entrée. Ashley donated her winnings to the local 4-H group which was raising money for the Food Pantry by helping out at the cook off.

### **Episode 1 – May 14<sup>th</sup>**

Cindy Ternes, Henry Dockter and Bruce Volk were the first round of contestants to fire up the BEK grill in Strasburg. The judges' table was represented by café connoisseurs Helen Fischer of the Hague Café, Sheila Roerich of Sheila's Country Café and Ricki Sathren of Sisters.



Pictured: Bruce Volk

### **Episode 2 – May 21<sup>st</sup>**

Dale Meidinger, Sherry Bowers and Cordell Dallman deliver a fun filled competition in Wishek. Main entrees included grandma's homemade mashed potatoes, bacon wrapped sea scallops and country style barbeque spareribs. Judges June Kemmet, Rod Burgad and Cindy Ketterling gave Dale Meidinger's ribs the highest score. (Dale is pictured on page one)

### **Episode 3 – May 28<sup>th</sup>**

Wilton draws a big crowd to watch the Country Cook-off with contestants Cameron Boechler, Tom Gigante, Michelle Pich and Susan Lofthus. Judges Pat Carpenter, Shelley Porter and Deb Strand were enticed with a medley of grilled foods including two special surf & turf's created with two entirely different styles, marinated chicken with mango sauce and stuffed pork loin.



Pictured: Cameron Boechler

### **Episode 4 – July 9<sup>th</sup>**

Wanda Scherr, Renae Doan and Eleanor Magrum comprised the first all women's competition grill team in Hazelton. Judges Gwen Renz, Lisa Moch and Angee Benz were overwhelmed with the beautiful displays of stuffed burger, marinated Angus tenderloin and Honolulu chicken.

### **Episode 5 – July 16<sup>th</sup>**

Napoleon Cook-off competitors Sean Larson, Christy Werre and Ashley Portra kept warm by the BEK grill on a cool July evening. The judges' wait for a taste was well worth it. They enjoyed samplings of surf and turf with a steak surprise, chicken tortilla soup and glazed salmon. All entries included the fixings for an entire meal. The judges for this competition were Vincent Magrum, Kathy Jangula and Sheldon Gerhardt.



Pictured: Sean Larson and assistant

### **Episode 6 – July 30<sup>th</sup>**

Grilling is for all genders and ages as demonstrated in the Linton Cook-off. Contestants included Nick Thompson, Tom Peck and Drew Moch. What's for dinner? Judges Diana Bodvig, Sheila Roerich and Sheri Grossman teased their palates with a salmon & shrimp entrée, Brazilian style flank steak and pineapple teriyaki pork chops.



Pictured: Drew Moch and assistant

### **Episode 7 – August 13<sup>th</sup>**

The season finalé was held in Steele with grilling competitors Paul Erdelt, Kate Pfennig, Erick Meland and Adam Marsh. It's been proven this season; when it comes to grilling, you gotta be a meat lover. Judges Floramay Miller, Eleanor Magrum and Debbie Pfaff got a good taste of popular meat entrees including two different grill styles of beef rib eye steak, gourmet lamb burger, and a rolled stuffed pork tenderloin. Compliments to the meats were potatoes, cabbage, veggie kabobs, salad, bread and more.



Pictured: Paul Erdelt



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# BEK beacon

*Published by BEK Communications*

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## August Trivia Winners:

Bill Barnick, Tappen;  
Burdette Morrison, Robinson;  
Charlotte Young, Napoleon;  
Juleen Johnson, Steele and  
Vonnie Weisz, Hazelton.



## Beacon Trivia Questions

TRUE OR FALSE (circle the correct answer)

- ☐ BEK is offering a cooking class this fall in Napoleon.  
True or False
- ☐ There are three more tailgate parties and the Punt, Pass and Kick contest scheduled in October.  
True or False
- ☐ Dale Meidinger of Wilton won the 2009 Country Cook-off grand prize of a \$500 grill package.  
True or False

Entries must be received by November 10, 2009.

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Clip and send to the BEK office with your phone payment. You can also email to bekcomm@bektel.com. We will be drawing for five \$5.00 credits to be applied to the winners' phone bill.